



Life with Cancer®

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FALL 2009
NEWSLETTER

Life with Cancer Thriving in its Beautiful New Home

By Gordon Hay, Director, Life with Cancer

As we head into the fall of 2009 it occurred to me that I never told you about our many outstanding accomplishments of 2008. It does seem somewhat late to be dwelling on that subject, however I do think it is important to summarize what we have achieved every year so you can see the progress we are making in serving our community. First and foremost is the fact that we have now moved into our new home that we formally call the “Dewberry Life with Cancer Family Center” and that we refer to affectionately as “Carolyn’s House”. Sid Dewberry, a long time supporter of our program, donated the land for the Center to us and Carolyn Peterson was our first Board president and served in that position for ten years. Thanks to Mr. Dewberry’s generous gift, Carolyn’s wonderful leadership, and the ongoing support of her family, Life with Cancer continues to prosper. We moved into the Family Center in January of this year and the feedback from staff and the families we serve has been nothing less than outstanding. It really feels wonderful to work here and our patients and their family members love coming to the Center and have not stopped saying how beautiful it is. To see a picture of our new home, please visit our website at www.lifewithcancer.org.

In 2008, we hired 4 new staff members to better serve our families dealing with cancer. Saundra Weller, an LCSW oncology counselor and

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Deborah Cook, an oncology nurse educator, are providing services to families in Loudoun County as well as communities close to Inova Fair Oak Hospital. Susanne Freeman, also an oncology counselor, is based at Inova Fairfax Hospital where she is supporting patients that are admitted to the hospital’s oncology unit. Finally, thanks to a generous grant from the Prevent Cancer Foundation, we hired Jean McCaw, a well qualified art therapist, who will be working with all the

children we serve in our programs for children. We have wanted an art therapist for many years to better help the children express their feelings about cancer, so we are most pleased about this new addition to our staff.

Thanks to the on-going support from Inova’s Foundation, we have two new employees that are dedicated to raising funds specifically for Life with Cancer. Joanne Royaltey comes to us with some great fundraising experi-

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Life with Cancer Receives \$50K Grant from Side-Out Foundation to Expand Services

By Sara Riddle



Inova Health System’s Life with Cancer program received a \$50,000 grant for two years to improve access to

the program’s services and to encourage nationwide outreach about cancer education and treatment.

“The purpose of this grant is to improve our Web site and have it be more of a national presence, and to produce national teleconferences to educate breast cancer patients on treatments and support programs,” said Eric Cohen, program manager of patient and family education for Life with Cancer.

The grant was awarded by Side-Out, an organization established in 2004 that raises funds for breast cancer through volleyball tournaments. Side-out uses donations gathered at the volleyball events to support clinical trials in breast cancer and to fund breast cancer support organizations on the local level.

“Life with Cancer was a perfect fit with an extraordinary reputation of serving cancer patients and families over 20 years,” said Bryant Dunetz, Side-Out Foundation. “We expect our partnership to grow over the next several years as more and more highly sought after Life with Cancer services become available at the local level.”



Caring for the Caregiver: the Partners in Care Program

By Leslie Steinberg

When a loved one receives a diagnosis of cancer, the focus of the family is directed to the patient and their care. As a caregiver, you are inundated with suggestions, ideas, recommendations, and perhaps even critiques. Life, as you knew it, is forgotten and you are thrown into a world of doctors, diagnosis, testing, chemo, radiation, and doctor and medical visits, and you suddenly become very familiar with the terms and terminology of the particular cancer you are dealing with. If and when things settle down, you can make a choice to find some personal support for yourself, and if you are fortunate, you will find a special group, like I did, at Life with Cancer.

At the Partners in Care meeting you will find both comfort and sup-

port, and an opportunity to be heard. You will be witness to the compassion of others, the strength and courage of those alongside you, and you will gain wisdom and knowledge from your new friends. The group offers a chance to bond with others, who share your isolation and your pain - they understand who you are and where you've been and where you are going, much better than your friends and neighbors.

Perhaps the most satisfying and gratifying result of these gatherings however, is the opportunity for you to pass along your ideas of how to deal with the difficulties and disappointments, to relate your own personal experiences and to be able, at times, to help someone else. When everything in your life has been turned upside down, it is a chance to share your new found expertise, with others who value your opinion and who need your insight. It gives you a good feeling to be able to help others, to reach beyond yourself, and to feel you are making a difference. It's a positive thing to do, and a good place to be, with some very special people-the facilitators, as well as your fellow travelers.

How to Join a Partners in Care Meeting

Partners in Care meets in two locations. The Fairfax group meets monthly on the second Monday, 7-8:30 p.m. at the Life with Cancer Family Center. Call Drucilla Brethwaite, LCSW, 703-776-8798, for more information. The Loudoun group meets monthly on the first and third Mondays, 6:30 – 8 p.m. at Inova Loudoun Hospital. Call Sandra Weller, LCSW, 703-858-8466, for information and registration.

Partners in Care can help you get through a very emotional and traumatic time in your life. It was a very important part of my life as a caregiver to my husband, for over two years, and I would highly recommend it as an important resource for the emotional, professional, and personal support, you will find at a Partners in Care meeting.



Cleaning for a Reason provides four free cleaning services – one each month – to any woman with any kind of cancer, in active treatment. Free cleaning service is available in many cities in the Metropolitan DC Area including, Alexandria, Herndon, Sterling, Gaithersburg, Rockville and Silver Spring. To request services for your home, visit cleaningforareason.org and click on the “cancer patient” tab. You will be asked to complete an online form and to submit a proof of treatment statement from your doctor.

Congressman Connolly Visits Family Center

Representative Gerald E. “Gerry” Connolly (Virginia 11th Congressional District) and his wife Cathy, neighbors and supporters of Life with Cancer, visited the new Family Center in early July. Gerry was most helpful with the Family Center project during his tenure as Chairman of the Fairfax County Board of Supervisors.



Pictured from left to right: Drucilla Brethwaite, LWC Oncology Counselor; Representative Connolly, Joanne Royalty, Director of Development, Cathy Connolly and Sabine Gnesdiloff, LWC Program Manager.

Life with Cancer Family Center Holds Conference for Teen and Young Adult Survivors of Childhood Cancer, "I'm Cured....Now What?"

By Constance Connor, LCSW, Pediatric Oncology Counselor

On July 25, 2009 the Life with Cancer Family Center was hopping. Its Great Room was ready to seat more than 100 teens, young adults, their parents and many health care professionals. The exercise room was ready for Zumba, Kick boxing and Yoga. The massage and family counseling rooms were arranged for massage and Reiki. Resource exhibits lined the hallways and tables and chairs filled the back yard patio for an al fresco luncheon.

After many months of planning and collaboration with eight organizations, and with funding made possible by a grant from the St. Louis based, National Children's Cancer Society's Beyond the Cure Program, the Fourth Annual "I'm Cured...What Now?" conference for teen and young adult survivors of childhood cancers was under way.

Dr. Kirsten Edmiston, Medical Director, Inova Cancer Services, and Constance Connor, LCSW, Pediatric Oncology Counselor and conference chair, welcomed all participants and set the tone for the conference, featuring seven nationally recognized speakers, all experts in their fields.

One of the Conference highlights was a presentation by Josh Sundquist, a 24 year old childhood cancer survivor, amputee, humorist, Paralympics' skier, and motivational speaker. In the words of one survivor, "Josh was awesome." He told his story of losing a leg to cancer at age nine and how he dealt with everyday challenges such as walking, or later, getting a date. He was energetic, if not acrobatic, hopping up on chairs and tables nimbly with one leg, demonstrating his athletic abilities which took him to the paralytcs at Torino in 2006. Josh moved everyone to laughter and tears with his message of

"making your life count, loving yourself, and living life to the fullest despite one's challenges."

Participants learned about late effects of their treatment as they age, who is most at risk, and how to minimize those risk factors by getting proper medical follow-up and leading a healthy lifestyle. They also learned about fertility and parenting options; and how to advocate for Individual

Education Plans in high school or disability services on the college level due to neurocognitive late effects.

The Conference concluded with an emotional ceremony awarding 14 survivors \$1,000 college scholarships. Growing Hope, presented 11, Special Love, Inc., Teardrops to Rainbows, and the John Quadrino Foundation also provided \$1,000 scholarships to 3 additional survivors.

Tracy's Kids Art Therapy Program at LwC

By Jean McCaw, MA, ATR-BC, Art Therapist, Life with Cancer

The Children's Program at Life with Cancer expanded in 2008 to include an art therapy program funded through a grant from the Tracy's Kids Foundation. Tracy's Kids is an art therapy program which helps pediatric cancer patients and their families cope with the emotional stress of cancer and its treatment. Through this grant, which was recently extended for eighteen months, art therapy is provided at three Inova locations: the Inova Outpatient Oncology Clinic, the oncology unit at Inova Fairfax Hospital for Children and the Dewberry Life with Cancer Family Center.

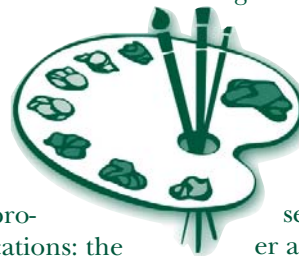
Art therapy can help children and teens express thoughts and feelings they cannot put into words. It can help them gain a sense of mastery and control as they choose art materials, decide how to use them and what to create. Their imaginations are sparked as they work and create stories about their art pieces. Inevitably

their energy level increases and their mood brightens. As these children and teens navigate the lengthy course of treatment they can document this very personal journey and also find a means to relax, reflect and reenergize.

The open art studio at the Inova Outpatient clinic is a place where patients, parents and siblings gather before procedures, during treatment or while waiting to see the doctor. As they sit together and create art pieces, they also share experiences and support each other; they realize that they are not alone. Siblings also receive support and parents make connections with each other. It becomes a safe space where feelings about having cancer and its treatments can be discussed; the art becomes a vehicle through which these feelings are expressed.

At Inova's Fairfax Hospital for Children art therapy is done in the patient's room and on an individual basis, although siblings and parents

(See **ART THERAPY**, p. 4)



Life with Cancer en Español

By Paulina Escobar, Hispanic Program Coordinator, Life with Cancer

September 2009 will mark the second anniversary of Life with Cancer en Español. Our goal was to create culturally competent programs to meet the needs of Hispanic families and we are proud to say we've had a great start. Under the leadership of Paulina Escobar, Life with Cancer's Hispanic Program Coordinator and in partnership with the American Cancer Society, Nueva Vida and Capital Hospice we have been able to offer an array of services to the Latino community.

Since the beginning of our Spanish program, we conducted two monthly Spanish support groups, three Look Good ...Feel Better sessions, a seminar on complementary and alternative approaches, four dance and movement therapy classes, three relaxation-meditation classes, and three educational community work-

shops. More than 420 individuals participated in these programs and 300 individuals received counseling services. One family member told us, "at Life with Cancer we found a friend where we could go to for support in our language; some one who really understands our needs... it feels like being back home".

In June of 2009 we were happy to add to our staff, Veronica Vogt, MS, CPHL, Hispanic Outreach Coordinator. Along with Paulina Escobar, Veronica will be expanding our Spanish Program to Loudoun, Fair Oaks and Alexandria.

If you are bilingual in Spanish, we invite you to join our future volunteer team. We need you! HASTA PRONTO. If you have questions about Life with Cancer en Español or if you would like to volunteer, please contact Paulina Escobar at 703-698-2529.

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ence and a deep understanding of the impact of cancer on the family. Also new from the Foundation is Jodi Blonski who started with us about one year ago. Jodi is responsible for working with all our community groups that sponsor fundraisers to benefit our program. The support these groups provide to us is an indispensable portion of our yearly budget and they make it possible for us to remain a free service.

Finally, with the help of a well qualified organizational consultant, we are completing a long range planning process that will keep us focused for the next 5 years. Part of the challenge of that process was to develop a vision for Life with Cancer as well as a revised mission statement. From both the new vision and mission statement, we have put forth some concrete

goals that we think can be met in the next 5 years. My next newsletter article will summarize those goals for you as we are still seeking input from all of our staff, our Board members and our volunteer survivors. One of the goals I am most excited about is for Life with Cancer to be known nationally as a model program. In some ways, with the scope of our program and our excellent staff, we are almost there; however, there are many things we can do to become better known as the best education and support cancer program in the country.

As always, I welcome your comments and suggestions and can be reached at gordon.hay@inova.org. We will keep you posted on the progress of our Family Center as well as on the many programs and services we offer through our website, so please plan to visit there often. Happy fall!

Thank You for Your Support!



As you think about your charitable donations in the fall, please remember that donations can be made to Life with Cancer during the upcoming campaigns.

For donations through the **United Way** please designate # 8225 Inova Health System Foundation and write in "Life with Cancer."

For the Combined **Federal Campaigns** designate #46283 Inova Health System Foundation and write in "Life with Cancer."

Help Launch the Plate



The Northern Virginia Chapter of the National Ovarian Cancer Coalition (NOCC) has begun an effort to get a State of Virginia special license plate to increase awareness

of ovarian cancer. For more information or to obtain a special license plate application, contact Mary or Jon Halsall at 703-823-6543 or marjonhalsall@msn.com.

(ART THERAPY, from p. 3)

can be included. The art work typically focuses on their thoughts and feelings about their hospital stay, their response to having cancer and the treatments they receive. The artwork becomes a starting point to discuss and express the challenges of treatment and being ill, and a chance to celebrate their successes as well.

Through the Tracy's Kids Foundation grant, art therapy has also been integrated into Life with Cancer's children's groups and day-long programs for children in treatment and their siblings.

Top Ten Ways to Support Life with Cancer

By Joanne Royalty, Development Director, Life with Cancer

Just a few short months ago, we moved into the new Life with Cancer Family Center where we continue to offer programs and services free charge and in a serene and nurturing environment. While the construction of the facility is complete, fundraising efforts are not. If you have not done so already, please consider making a gift to Life with Cancer. For your consideration, detailed below is our top ten 'wish list' of ways to help Life with Cancer:

1 Gift of cash – Cash gifts can be deducted up to 50% of adjusted gross income. For example, on a \$10,000 cash gift in a 28% tax bracket, you save \$2,800 in taxes.

2 Cash pledged over a period of 2 years – Cash pledged over a period of years can be deducted up to 50% of adjusted gross income for the portion given each year. For example, on a \$30,000 cash gift over three years (\$10,000 each year) in a 28% bracket, you save \$2,800 in taxes for that year.

3 Appreciated stock – Appreciated stock (held more than one year) makes an excellent gift. You avoid all capital gain taxes, will receive a tax deduction, and can deduct it up to 30% of your adjusted gross income.

4 Bonds or Mutual Funds – Bonds and mutual funds are similar to cash in their tax treatment with a tax deduction for the full value of the gift. State, Municipal, and U.S. Government Bonds are welcome.

5 CDs, Saving accounts, Brokerage Accounts, or Checking Accounts with Payable on Death – You retain full ownership and control during your life. Upon death, the account balance is paid to your named beneficiary immediately and without probate.

6 Gift Annuity – In exchange for a gift of cash, stock or securities, the

organization will pay you, you and your survivor, or another person you name, a guaranteed income for life. You receive a substantial tax deduction in the year of the gift and part of the income is tax-free. Upon death, the gift remainder supports Life with Cancer. (Your income and tax deduction are based on your age.)

7 Deferred Gift Annuity – Similar to a gift annuity (see #6) except that payments begin at a future date determined by you, (for example, at retirement). Your tax deduction and annual rate of return increases the longer you wait to start payments. This is an excellent retirement planning vehicle.

8 Charitable Remainder Trusts (Irrevocable) (Annuity and Unitrusts) – Donors can select the rate of return from these income arrange-

ments and also choose a fixed or fluctuating annual payment. Capital gain taxes are completely avoided and you will receive a tax deduction based on the age of the income recipient and the rate of return.

9 Charitable Lead Trust – In a charitable lead trust, assets (cash or securities) are transferred to a trust that pays income from the fund to the organization for a predetermined number of years. At the end of the time period, the trust terminates and the assets are given back to the persons you name. The income tax deduction is for payments made annually to the organization.

10 Bequest through Will – One of the simplest ways is to give of your estate. You can make a gift

(See TOP TEN, p. 6)

Life with Cancer 2009 Fall Fundraising Events

Key to Cure Shopping
Saks Fifth Avenue Tysons Corner
Thursday - Sunday, October 15-18

To help raise both money and awareness for women's cancers, Saks Fifth Avenue Tysons Galleria will partner with Life with Cancer and host the 2009 KEY TO THE CURE, a charity shopping weekend taking place October 15 through October 18. A percentage of the weekend's sales will benefit the new Life with Cancer Family Center. Saks will also offer a limited-edition KEY TO THE CURE T-shirt designed by **Michael Kors**, available beginning October 1. Over 80% of the proceeds from each shirt sold will be donated to Life with Cancer.

Pumps, Pearls and Presents
Wednesday, November 11
6 - 9 p.m.

Westwood Country Club, Vienna
Join us for a new, unique shopping event. Your ticket allows you to sample dishes from local restaurants and shop from merchants featuring very special, artistically crafted (many one of a kind) items. Merchants will donate 15% of purchases made during the evening to Life with Cancer. Join us as we sip, sample and shop! Tickets \$40 in advance; \$45 at the door.

Virginia Run Turkey Trot – 5K Run
Thanksgiving Morning,
November 26
Centreville, Virginia
Details to follow



Popular Social Media Help Life with Cancer Spread the Word

Share information and support with others who face the day-to-day challenge of living with cancer.



Twitter is a free service that enables its users to “follow” one another for short updates known as tweets. Life with Cancer has its own

Twitter page! Followers of Life with Cancer will receive positive and practical tips on living day-to-day with cancer and can be helpful to anyone affected by the disease, even caregivers!

To set up an account, go to www.twitter.com and clicking on the green “Join the Conversation” box; it’s a quick process and free of charge. To find the Life with Cancer Twitter page, use the “Find Friends” option.



Facebook is a popular way to connect

with important people in your life. Once you create a Facebook profile you can add “friends” and send

messages. Facebook users can also choose “fan pages” to connect and interact with others with similar interests.

You can join Life with Cancer or become a fan by using the fan pages option. Once you do, you’ll receive information on upcoming events, join discussion topics, read posted blogs, and be connected to other Life with Cancer fans.

To access the Life with Cancer fan page, register on www.facebook.com. Registration is free and requires some personal information, but the amount and extent of public information is up to you. Once you register, use the search box on the home page to search for Life with Cancer.



YouTube allows people and groups to share

video for entertainment and learning. Life with Cancer is sharing and showing videos on YouTube on its own Life with Cancer channel. Our videos cover an array of topics ranging from disease treatment types, side effects, personal videos from cancer patients or their loved ones, as well as more information about Life with Cancer and how it is growing and developing to serve and connect with the community.

You can subscribe to Life with Cancer’s YouTube channel by going to www.YouTube.com/lifewithcancer. While many channels and videos are public domain and do not require a subscription, for a personalized YouTube account, signing up is the best option. Once an account is set up, updates and new videos will be sent to your personalized page as you subscribe to each channel.

Introducing Integrated Care for Lung and Esophageal Cancer Patients

By Carrie Friedman, RN, BS, Patient Care Navigator, Inova Fairfax Hospital

Inova Cancer Services is pleased to announce a new program designed for patients with lung and esophageal cancers. The Inova Thoracic Oncology Program is the largest and most comprehensive thoracic oncology program in the metro region, bringing together surgeons, medical oncologists, radiation oncologists, radiologists, pathologists, pulmonologists, and gastroenterologists to provide seamlessly integrated care for cancer patients. The program was created to ensure patients have access to the best possible care, with the convenience of receiving care close to home and the confidence of being treated by world-class cancer experts. Throughout diagnosis, treatment, and therapy, patients are

guided through their care pathway by the program’s patient care navigator, Carrie Friedman, RN, BS. Friedman is the central access point for patients and the physicians coordinating their care, providing assistance and critical information to patients and family members as they navigate through doctor appointments, diagnostic testing, therapy, treatment, and outpatient support, as well as connecting the patient and his or her family with access to educational resources alongside the skilled and compassionate Life with Cancer team.

Learn more about the Inova Thoracic Oncology Program. Contact Carrie Friedman, RN, BS, Patient Care Navigator, at 703-776-3777 or carrie.friedman@inova.org.

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bequest to an organization, either after others have been provided for, of a dollar amount, specific property, a percentage of the estate, or what is left (remainder).

Thank you for your interest in and support of Life with Cancer. Best wishes for a New Year of bright beginnings and much joy!

If you have any questions or need additional information, please do not hesitate to contact Joanne Royalty at 703-698-2531 or joanne.royalty@inova.org.

Hereditary Melanoma: What Your Family History Can Tell You

By Grace-Ann Fasaye, ScM, CGC, Manager, Cancer Genetic Counseling Program, Inova Health System

Common health conditions that impact millions of Americans, such as heart disease, Alzheimer's disease and cancer, can sometimes run in families. Generally, these conditions occur with no specific explanation but may be due in part to both genetic and environmental factors, which you share with your family members. Therefore, knowing your family health history is important because it can give you clues as to what conditions you may be at risk to develop. This information can empower you to properly manage your health to possibly avoid developing diseases that run in your family.

In some families, genes are a more important factor than the environment in developing a condition. Many people have heard that genetic factors for breast cancer have been discovered and you or someone you know may have had genetic testing for the breast cancer genes, BRCA1 and BRCA2. What you may not know is that genetic testing is available for many other types of cancers, including melanoma. About 5 to 10 percent of all cancers are hereditary and linked to genes that are passed from one generation to the next in a family. One of the genes associated with melanoma running in the family is called p16. Researchers have found that in addition to melanoma, pancreatic cancer can also be found in families that have a p16 mutation.

Genetic testing for Hereditary Melanoma is not routinely ordered unless there is a family history that suggests the presence of a p16 mutation. Families that have more than one relative with melanoma are considered at-risk to have a p16 mutation. Families are also considered at-risk to have a p16 mutation if there are relatives with melanoma and pancreatic cancer. Genetic testing involves analyzing the p16 gene from cells found

in a blood sample. Typically, the first person to undergo genetic testing in the family is a relative who has had cancer and if a mutation is identified, other at-risk relatives can pursue testing. An individual who is found to have a p16 mutation is considered to have a high risk to develop cancer and would be advised to follow routine skin cancer screening guidelines to find melanomas early. Individuals with a p16 mutation may also be eligible to join research projects looking at screening methods to detect pan-

creatic cancer early.

Although genetic testing for cancer risk has implications for the entire family, the decision to test is personal and should be carefully considered. Genetic testing can be discussed with a specialist, such as a cancer genetic counselor, who is familiar with hereditary cancer syndromes. If you are concerned about your family history of melanoma or of any other cancers, call 703-208-6026 to speak with Grace-Ann Fasaye, Inova's Cancer Genetic Counselor.

Reflections of an Oncology Nurse

By Christine M. Helou, RN, BSN, OCN®,
Inova Fairfax Hospital, Hematology/Oncology Tower 9

As professionals, we recognize how special patients are to family and friends. How deeply patients are loved is reflected in the care and support family and friends provide. However, those patients, those special loved ones, also mean a great deal to us, the oncology nurses that have taken care of your loved one at some point during their cancer experience.

When I tell people that I am an oncology nurse, they often respond with a look of sadness and begin to question me about how difficult it must be. However, I always tell them that on the contrary, what I do is fulfilling. Being a nurse is very satisfying but being an oncology nurse is even more so. Whether at the time of diagnosis, during treatment, celebrating a remission or at the end of life, oncology nurses become very close to patients and to their families, sometimes after just one twelve hour shift. The patient-nurse relationship is such a strong trusting bond it doesn't take much time for it to

develop all of its worth.

Knowing that I was a part of someone's cancer journey means so much to me and my fellow nurses. The medicine and physical care are important but what often matters most is taking time to hold a hand, whisper words of support and simply just being. I never have "just another day at work" but rather each day another memory is made that will stay with me a life time.

Sofia Rotter, RN, BSN, OCN®

A nurse for several years on the Inova Fairfax Hospital oncology unit; Sofia has recently joined Life with Cancer Oncology Counselor, Suzanne Freeman to co-facilitate the Life with Cancer Colorectal Group. In addition, Sofia is pursuing a MSN degree in end of life care from George Washington University.



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FALL 2009

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How Can I Help?

Inova Blood Donor Services must collect more than 200 units of blood daily to meet the needs of cancer patients and others in our community. While individuals with most kinds of cancer are restricted from giving blood, blood donation is something that family and friends can do. So, when your family or friends ask, "How can I help?" please ask them to consider sponsoring a blood drive to help ensure a safe, ready supply of blood for individuals with cancer. Please contact Ken Connelly, Assistant Director, Inova Blood Donor Services at 571-434-3652 for help with organizing blood drive.



INOVA® BLOOD DONOR SERVICES

Gifts that Count



Thanks to the generosity of individual donors, corporations and foundations, all Life with Cancer programs and services are available at no cost. Each contribution to Life with Cancer is fully tax deductible and directly helps people in our community who are living with cancer.

- I want to help Life with Cancer support individuals and families living with cancer.
Enclosed is a contribution in the amount of: \$100 \$50 \$25 Other _____
- I want to learn more about how my corporation can match my contribution.
I can be reached at _____

Name _____

Address _____

City _____ State _____ Zip _____

I wish to make this contribution In honor of In memory of

Please send appropriate notification of tribute to:

Name _____

Address _____

City _____ State _____ Zip _____

An acknowledgement of your gift will be sent. The amount is kept confidential.

Please send your tax-deductible contribution to
Life with Cancer, Life with Cancer Family Center, Suite 100, Fairfax, VA 22031.