

22nd Annual Virginia Run Thanksgiving Day Turkey Trot

Presented By: Mitchell Eye Institute, John D. Mitchell, MD

Start Time: 8:00AM
Date: Thursday, November 25th

Start/Finish (USTAF Certified Course):
 Virginia Run Community Center
 15355 Wetherburn Court
 Centreville, Virginia 20120

Cost:
 Pre-register by November 20: Run \$25; Walk \$15
 Register after November 20: Run* \$27; Walk** \$17
 Registration of 6 or more family members: \$100

Race Packet Pick-up at Community Center:
 November 23, 6:00 p.m. to 8:00 p.m.
 November 24, 2:00 p.m. to 8:00 p.m.
 November 25, 6:30 a.m. to 7:30 a.m.

*Runners - No event day registration available and event registration for the 5k is limited to 4000 runners.
 **Walkers - Unlimited number of participants can register on site.

ALL PROCEEDS GO TO:  Life with Cancer®



OFFICIAL ENTRY FORM

Send this completed form along with check or credit card info to: Turkey Trot 15355 Wetherburn Court, Centreville, VA 20120

NAME (FIRST)	<input type="text"/>	(LAST)	<input type="text"/>
ADDRESS	<input type="text"/>		
CITY	<input type="text"/>	STATE	<input type="text"/>
HOME PHONE	<input type="text"/>	ZIP	<input type="text"/>
EMAIL	<input type="text"/>	MALE	<input type="checkbox"/>
		FEMALE	<input type="checkbox"/>
		AGE	<input type="text"/>

Entry Fee:

Pre-Registration (before Nov. 20) **RUN** **WALK** **T-shirt Size:** YS YM S M L XL XXL
 (size not guaranteed)

Registration (after Nov. 20) **RUN** **WALK** **Card Charge Amount:** \$

CREDIT CARD NO.

CARD TYPE: VISA MC **CARD EXP. DATE**

Credit Card Holders Signature

VA Run Residents Only: To Compete in VA Run Resident Award Category You Must Check This Block:

LIABILITY WAIVER MUST BE SIGNED BEFORE MAILING OR FAXING:

I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the organizers of the Virginia Run Turkey Trot 5K, the Virginia Run Homeowners Association, Life with Cancer, Pacers Events, USATF and all other sponsor, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event or carelessness on the part of the persons named in this waiver. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes.

Signature _____ Date: _____